

Sunflower

Growing Project



“Consider the lilies of the field,
how they grow ... “

*Words of Jesus, recorded in St Matthew
chapter 6 verse 28 in the Bible*

Here is an outline of a 2021 project to:

- Carry on the ethos of wellbeing, through kindness, appreciation, gratitude, encouragement and thanksgiving to NHS staff, key workers and all who have been providing care, service and support. These have been inspired by the example of the late Captain Sir Tom Moore and many others
- encourage you to develop “green-fingers” by growing flowering plants such as **sunflowers** and develop gardening skills
- Enhance your garden (or chosen area) with symbolic “beacons of hope”
- offer scope for fund-raising for a chosen charity
- perhaps hold a competition with family or friends to see who can grow the tallest or most elegant

For people with limited garden facilities, they may like to consider an alternative flowering plant of their own choice, e.g. Sweet Pea, Lily etc.

Seeds can be planted from March onwards. Growing details are available on seed packets.

Further information, which may help you to develop your project, will be made available and placed on suitable websites. David R Morgan, Cookhill, Worcs tel 01527 893408

“The plants look up to heaven, from
whence they have their nourishment.”

- William Shakespeare

